**Wheels of Satisfaction**

Potential Into Reality

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Go ahead now and mark how satisfied you are with the various areas in your life on the wheel below. Remember change the segments to make them meaningful to you.

**Personal Life Satisfaction Wheel**

Once you've completed your current day reflections, take a different color and cast your mind back five years. Now, rate how your wheel may have looked then. What’s different? Why?

Take a third color and cast your mind forward five years. How would you like it to look? Write a couple of sentences that describe how you will be living then.

Once completed, ask yourself:

1. What if anything, do I want to change?

2. What has stopped me from giving focus to this area before?

3. How can I make changes, without putting pressure on myself?

You may also like to complete wheels for your Job Performance and your Leadership Satisfaction

**Job Performance Wheel**

**Leadership Satisfaction Wheel**